Men’s Medical Clinic

Testosterone Treatment Options & Pricing

Doctor-led, personalised TRT care. The right option depends on your symptoms, blood results and preferences.

Testosterone Cypionate (Most commonly used option) (Most Popular)
One of the most commonly used TRT options in private practice. Provides stable hormone levels and allows flexible dosing including microdosing.

Best for: Long-term stability and symptom control
Price: £140/month (Year 1) • £130/month (Year 2 onwards)

Sustanon (Budget Injectable)
Cost-effective testosterone option widely used in UK practice. May have more peaks and troughs compared to other options.

Best for: Budget-conscious patients
Price: £110/month (Year 1) • £100/month (Year 2 onwards)

Nebido (Long-Acting / Convenience Option)
Long-acting testosterone injection typically given every 10–12 weeks. Requires clinic visits and may provide less consistent symptom control.

Best for: Convenience and fewer injections
Price: £150/month (Year 1) • £140/month (Year 2 onwards)

Gels & Creams (Needle-Free Option)
Applied daily to the skin. Absorption varies between individuals and care is required to avoid transfer.

Best for: Patients avoiding injections
Typical cost: £150–£160/month

All-Inclusive Plans Include
4 private blood tests in Year 1
2 blood tests per year thereafter
Annual full health MOT bloods
All consumables included
Doctor consultations & ongoing support
Prescription management
Travel letters

Flexible / Low-Cost Plans
Lower monthly cost with simplified structure.

Cypionate: £110/month
Sustanon: £70/month

Includes: Doctor consultations, prescription management
Not included: Blood tests, consumables